

Counseling Psych Newsletter



First Year Students. From L to R: Josh, Zully, Jo-Tzu Valene, Jeri, and Melanie



The Education Building

Program News

The Counseling Psychology Program is proud to announce they received APA accreditation for 7 years.

Announcements

On October 22nd, Julie Emkes and Kevin Kellogg were married.

On August 24, **Doug Low** and Liz had a baby girl named Josephine Sing-Yu.

On August 13th, **Anita Hund** and Ross Wantland were married.

New Student Profiles

Jeri Newlin received her B.A. from UIUC. Although she is originally from Decatur, IL, she has traveled all over the country. Her research interests include bullying and domestic violence. Even though this semester hasn't been easy, she says she's getting help and support from her family and cohort.

Josh Kingsbury completed his undergraduate degree at Bowdoin College and is originally from Brewer, Maine. His research interests include coping behavior, social support, and their effects on adjustment. Josh says he's been able to survive the semester by keeping hourly sanity breaks each day, as well as making lots of new friends and staying in touch with old friends.

Jo-Tzu Sun completed her undergraduate work at the National Chengchi University in Taiwan and received her Master's from Teacher College. She is originally from Taichung, Taiwan. Her research interests are vocational interests and major life goals. She says she is doing well adjusting to UIUC.

Student News

Spring '05 Incomplete List of Teachers Ranked as Excellent

Amanda Beer, TA, EPSY 220
Michael Bilton, TA, EPSY 420
**Michelle Birkett, TA, EPSY 220, 420
Chi-Ping Deng, TA, EPSY 220
**Dorothy Espelage, EPSY 199, 420
Stephen Glomb, TA, EPSY 220
Jim Hannum, EPSY 520
Jeremy Henn, TA, EPSY 201
Jorja Jamison, TA, EPSY 430
Jennifer Mayfield, TA, EPSY 420
Tiffany McCaughey, TA, EPSY 220
Mary Russell, TA, EPSY 220
Tiffany Schiffner, TA, EOL 199
**Lisa Spanierman, EPSY 513, 520
Ying-Fen Wang, TA, EPSY 220
**Vaile Wright, TA, EPSY 201
**=Teacher ranked outstanding, top 10%

Melanie Marklein comes from Madison, WI where she attended the University of Wisconsin. She is interested in eating disorders and says that although adjusting to graduate school and Illinois has been an emotional pendulum, she's hanging in there. She appreciates her cohort and feels that she couldn't survive without them.

Valene Whittaker obtained her B.A. and M.Ed. from the University of Pennsylvania. She is originally from Baltimore which she claims is the greatest city in the world. Her research interests include racial identity in young adults of African descent, sexual assault, and multicultural counseling competency. She says some days of grad school are better than others, but that she's hanging in there!

Zully Rivera completed her undergraduate work at the University of Puerto Rico, Río Piedras. She's originally from Aguada, Puerto Rico. Her research interests center on gender, masculinity, sexuality, and health. She says adjusting to graduate school has been great with her daughter and husband's company.

Recent Publications

Delgado-Romero, E., **Galván, N.**, Rowland, M., & Maschino, P. (2005). Race and Ethnicity Research: A 10 Year Review. *The Counseling Psychologist, 33*, 419-448.

Delgado-Romero, E., Rowland, M., & **Galvan, N.** (2005) The continuing and evolving challenge of race and ethnicity in empirical counseling and counseling psychology research: A Reply. *The Counseling Psychologist, 33*, 559-564

Glomb, S. (in press). The Influence of Restrictive Emotionality in Men's Emotional Appraisal of Sexual Harassment: A Gender Role Interpretation. *Journal of Men and Masculinity.*

Hong, Y., **Liao, H.**, Wang, R.Y.M., Chan, G., Chiu, C., Ip, G.W., Fu, H., & Hansen, I.G. (in press). Temporal causal links between outgroup attitudes and social categorization: The case of Hong Kong 1997 transition. *Group Processes and Intergroup Relations.*

Hund, A.R., & Espelage, D.L. (2005). Childhood sexual abuse, disordered eating, alexithymia, and general distress: A mediation model. *Journal of Counseling Psychology, 52*, 559-573.

Liao, H., Rounds, J., & Klein, A.G. (2005). A test of Cramer's (1999) help-seeking model and acculturation effects with Asian/Asian American college students. *Journal of Counseling Psychology, 52*, 400-411.

Low, K. S. D., Yoon, M., Roberts, B. W., & Rounds, J. (2005). The stability of interests from early adolescence to middle adulthood: A quantitative review of longitudinal studies. *Psychological Bulletin, 131*, 713-737.

Low, K. S. D., & Rounds, J. (2005). Vocational interests: Bridging person and environment. In D. L. Segal & J. Thomas (Eds.), *Comprehensive handbook of personality and psychopathology, Volume I: Personality and everyday functioning.* NY: Wiley.

Mayberry, M & Espelage, D.L. (in press). Associations Among Empathy, Aggression, and Adolescents. *Journal of Youth and Adolescence.*

Poteat, V. P., & Espelage, D. L. (2005). Exploring the relation between bullying and homophobic verbal content: The Homophobic Content Agent Target (HCAT) Scale. *Violence and Victims, 20*, 513-528.

Soto Carlo, A., Delgado-Romero, E. A., & **Galván, N.** (2005). Challenges of Puerto Rican Islander Students in the U.S. *Journal of Latino Studies, 3*, 288-294.



Amanda, Lisa, Euna, and Anita at APA 2005



“Our faculty and graduate students produced 22 poster/symposium presentations, with 19 students serving as (co)authors.”

Student Awards, Grants, and Fellowships

Valene Whittaker was awarded the Graduate College Fellowship.

Zully Rivera was awarded both the Graduate College Fellowship and The Wanda Taeschner Babcock Fellowship.

Michelle Birkett was awarded the Graduate College Conference Travel Grant

Paul Poteat was awarded the Ray H. Simpson Scholarship and the Graduate College Conference Travel Grant.

Sue Qin was awarded the Robert P. Larson Research Grant.

Euna Oh was awarded The Robert L. Mendelson Award, The William Chandler Bagley Doctoral Scholarship, and the Student Dissertation Research Award.

Anita Hund was awarded the William Chandler Bagley Doctoral Scholarship and the American Psychological Association Conference Travel Award.

Tiffany Schiffner was awarded the College of Education Outstanding Medal Award.

Meera Murthi was awarded the Graduate College On-Campus Dissertation Award and the Barbara A. Yates International Research Fellowship.

Hsin-Ya Liao was awarded the Bureau of Education Research Dissertation Award, the Robert P. Larsen Career Development Research Grant, and the Graduate College Conference Travel



Jim and Sandy Hannum
Celebrating Jim's
promotion to Full
Professor



APA 2005 News

The UIUC Counseling Psychology Program was well represented at APA this year. Our faculty and graduate students produced 22 poster/symposium presentations, with 19 students serving as (co)authors.

Faculty and students also received a number of APA awards.

Patrick Armstrong received the Barbara A. Kirk Award for Outstanding Student Initiated Research.

Michelle Birkett won the Outstanding Student Submission to the Division of School Psychology Scholarship.

Dorothy Espelage and **Helen Neville** were named Fellows in the Society of Counseling Psychology.

Lydia Buki won both the Committee on Women in Psychology's Emerging Leader Award for her scholarship on Latinas, and the Society of Counseling Psychology's Section on Ethnic and Racial Diversity's Community Service Award for her outstanding contribution to the promotion of mental health of people of color.

Community Work

Our students have been quite involved in working with the community...

Jeri Newlin has worked as a community advocate for a domestic violence survivor.

Melanie Marklein has conducted eating disorder workshops at community middle schools.

Valene Whittaker has worked at the VA Medical Center in Baltimore as well as other clinics in the Baltimore area.

Bryana French has mentored students at Central High School and is also the Co-Chair of Graduate and Professional Students of Color. She also conducts Alcohol and Other Drug assessments at McKinley.

Tiffany McCaughey is a Habitat for Humanity Volunteer.

Paul Poteat is a Research Consultant for Gender Public Advocacy Coalition (GenderPAC) in Washington DC.

Thesis Defenses

Four students have defended their thesis since last spring. Congratulations!

Megan Mayberry - "Association among Empathy, Social Competence, and Proactive and Reactive Aggression"

Paul Poteat - "Further Validation of the Psychosocial Costs of Racism to Whites Scale"

Tiffany McCaughey - "Role of Affect in the Social Stigmatization of Disability"

Jeremy Henn - "Ethnic Differences in Achievement: The Role of Students' Approaches to Learning"



L to R: Michelle, Tiffany, Nallely, Lydia, Alexis, and Jennifer at APA 2005



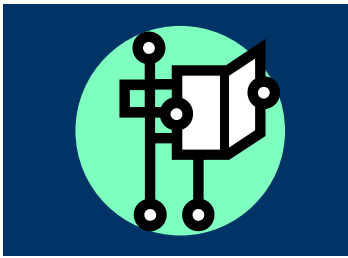
Xuhua (Sue) Qin works as a GA for the International Students Outreach Program. She also works for the Multicultural Health Care Center and at the College of Nursing on a project designed to promote culturally sensitive nursing practices.

Jorja Jamison has planned a series of alcohol and other drug workshops for the UIUC LGBT community.

Mary Russell works as the GA at the Alcohol and Other Drug Office.

Anita Hund is a Volunteer Educator for Rape Crisis Services and the Child Assault Prevention Program.

Students in Counseling Psychology also staffed an information and screening table on campus for the National Depression Screening Day in October, 2005, and the National Anxiety Disorder Screening Day in April, 2005.

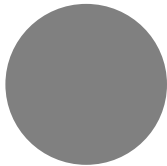


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We're on the Web!

See us at:

*[http://www.ed.uiuc.edu/edpsy/
divisions/counseling/](http://www.ed.uiuc.edu/edpsy/divisions/counseling/)*

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Recent Happenings

On July 28th, 2005, a reception was held for Dr. Jim Hannum who was recently promoted to Full Professor.

On September 9th, Lisa Spanierman conducted an internship application information meeting for counseling and clinical psychology students. We will keep you posted about the upcoming internship matches.

September 26th 2005, Lydia Buki hosted a reception for Dr. Patricia Arrendondo's at her home while Dr. Arrendondo was the keynote speaker for the UIUC Counseling Center's

Dennis May Conference on Diversity. Dr. Arrendondo is the President-elect of the American Counseling Association, the former President of the National Latina/o Psychological Association, and the former President of the Section for Ethnic and Racial Diversity of APA Division 17.

On October 7th, 2005, Jim Hannum hosted a reception in honor of our clinical supervisors and adjunct faculty.

2005-2006 Practicum Placements

Beginning Practicum

Counseling Center: Michelle Birkett, Alexis Clarke, Jennifer Mayfield, Vetisha McClair

Advanced Practicum

Illinois State University: Sarah Mebane, Paul Poteat, Bryana French, Allison Grupski

McKinley Mental Health: Valene Whittaker, Tiffany McCaughey, Amanda Beer

DRES: Mary Russell, Jeremy Henn, Michael Bilton, Xuhua (Sue) Qin

Carle Clinic: Whitney Kingsbury

Mental Health Center of Champaign: Megan Mayberry

Psychological Services: Michael Bilton

Urbana Middle School: Ying-Fen Wang

2005-2006 Internship Placements

Stephen Glomb is at the University of St. Thomas Personal Counseling and Testing. He says the internship is perfect for him!

Chi-Ping Deng is at the University of California at Berkeley.

Euna Oh is at the University of Southern California.

Meera Murthi is at Notre Dame.

Hsin-ya Liao is at the UIUC Counseling Center.

Suzanne Ward is at the Menta Group. She says it is going good and her data are almost collected!

New Thesis and Dissertation Support Group

Struggling with writing your research proposal? Stuck pondering the results of your study? This Fall, a new support group for Counseling Psychology students working on their thesis or dissertation was organized. This group is process-oriented, and its aim is to help students help each other with the difficult humps that come with writing at this

level. There are no leaders for this group; the group itself is the only organizing structure. Guidelines on confidentiality and sharing are provided. New members are always welcome. The Spring Semester meeting time has yet to be finalized, so look for that e-mail soon. Questions? Please contact Jorja at jamisonj@uiuc.edu.

Do you have news to share?

The Counseling Psychology Newsletter is published twice annually: Fall and Spring Semesters. All students, faculty, and alumni are invited to share their news with us to be posted in the Newsletter.

If you would like to share your news, please email the Newsletter Editor and the Counseling Psychology Graduate Assistant, Michelle Birkett, at birkett@uiuc.edu.